

"Do the best you can until you know better.

Then when you know better, do better."

Maya Angelou

Welcome and thank you for your interest in the University of Regina Anti-Oppression Book Club (AOBC). When you choose to join the Book Club you can either purchase or if available borrow a copy from the university library or the local public library.

The Discussion Ground Rules will be adjusted to meet the Diversity, Equity, and Inclusion (DEI) needs of the group. The members of the AOBC create a free and profound exchange, respect a diversity of views, and share responsibility for the well-being and direction of the group.

- We keep all stories and personal material confidential.
- We listen to each other with compassion and curiosity.
- We ask for what we need and offer what we can.

## Our Tone

- We recognize that our voices hold power so give space for all voices to be heard.
- We encourage respect and understanding of what is being shared.
- This is not professional development work but a place where we can learn and do better together.

## **Our Practices**

- Speak with intention (will my words be relevant to this moment?).
- Listen with attention (respect the learning process of all members).
- Remember that the facilitators are not "experts" on the topic, their role is to guide the discussion.

Adapted from the University of Windsor Anti-Black Racism Book Club Welcome and http://www.thecircleway.net/circle-way-guidelines

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